

2026 Vision & Goal Setting



2026 On Purpose

Create a Life in 2026 that is purposeful, passionate, and profitable!

Are you getting what you truly want or are you looking back and wondering how the hell you got to where you are right now...

2025 may have been a crazy year, and as we head into a new year, it's time to take control of your year and make it your best yet.

It's easy to feel like life is happening to you especially when so many things outside your control seem to be controlling what happens to you.

Maybe you feel uneasy, unhappy, unfulfilled, through the past 24 months.

Maybe you feel like the past two years have been out of your control... almost accidental... or like things are happening to you...

Well, it's time to turn that around and what better way than with a new year.

Let's set 2026 up with intention and live it On Purpose

Ninety percent of our thoughts, feelings and actions are exactly the same as the ones we had yesterday and the day before that and the week before that, even year before that. Since we get to choose our thoughts, we choose the habits that govern the results we are getting and how we are feeling. Ultimately, we can intentionally create success, greatness, and happiness. We can be "On Purpose."

And yes, the double entendre is ... on purpose! Purpose is having a deeper meaning, as in the "Why you are here or life purpose," and to live life intentionally. These thoughts may be one in the same but often people take the meaning very differently.



Step 1:

Let go of 2025

What went well in 2025?

What were your biggest accomplishments?

What brought you joy and happiness?

What relationships flourished? Intimate? Social? Familial? Who was there for you no matter what?

What did you learn about yourself?

How did you do with your health?

What was your favorite purchase or gift you received?

What did you learn?

What obstacles did you overcome?



Step 2: Build 2026 On Purpose

Ok...take a few deep breaths and let dive into what it is you truly want in 2026. Since we are not one-dimensional beings, write out your wants, desires, and goals in each area of your life.

Fun & Enjoyment:

Relationships:

Health/Fitness:

Personal Finance:

Career/Profession:

Family/Parenting:

“In order for things to change, you have to change.”

- Jim Rohn, business philosopher

Personal Development - set an overall development goal for yourself:

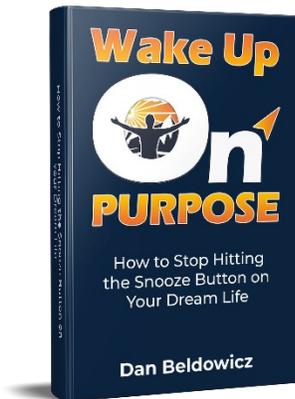


Step 3:

Create a new morning routine to set you up for success!

Now that you have laid out a clear vision of what you want in 2026, you'll need to create it and live it daily.

One of the biggest reasons that resolutions don't stick is that we don't change our thoughts and routines. We fall back into our old default patterns and habits because it's easy and routine. We need to level up our routine!



Here on this planet, we find that Mother Nature has created the perfect timer for accomplishing all that this Earth has to offer. We humans tend to screw this one up by not paying attention to the timing of everything we do.

Ever notice how we start a new year with grand intentions and by the end of March 95% of New Years Resolutions are gone?

The best way to actually achieve your goals is to create a morning routine that builds momentum for your day! In other words...**Wake Up On Purpose!**

This is the book that will keep you going day in and day out to reach that vision and your goals.

[Get Wake Up On Purpose
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